

ALL-DADE TRACK & FIELD

BOYS



Ethan Augustin
Northwestern



Armondo Blount
Miami Central



Shaddai Carter
Columbus



Lucas Lapido
Columbus



Joaquin Merlo-Garzon
Ransom Everglades



Austin Foster
Palmer Trinity



Jabari Lewis
South Dade



Byron Holt
Jackson



Trimaire Brown
Northwestern



David Serra
Ransom Everglades



Mekhi Gammons
Hialeah-Miami Lakes



Matthew McKnight
Norland



Lucas Oliveira
Coral Reef



400 relay
Trimaire Brown, Marlin Cochran, Guylijah Theodule and Twan Glover
Northwestern



1,600 relay
Nazir Ward, Marlin Cochran, Joel Mintze and Trimaire Brown
Northwestern



3,200 relay
Josh Ruiz, Roberto Leon, Marcelo Mantecon and Joseph Socarras
Belen Jesuit

BOYS' FIRST TEAM

EVENT, NAME, SCHOOL, YEAR, AT STATE

High jump, Ethan Augustin, Northwestern, Sr., 1.92 meters.
Shot put, Armondo Blount, Central, So., 16.75 meters.
Long jump, Shaddai Carter, Columbus, So., 7.01 meters.
Javelin, Lucas Lapido, Columbus, Sr., 49.10 meters.
Pole vault, Joaquin Merlo-Garzon, Ransom, Jr., 3.90 meters.
Discus, Austin Foster, Palmer Trinity, Sr., 44.44 meters.
Triple jump, Jabari Lewis, South Dade, Sr., 14.27 meters.
110 hurdles, Byron Holt, Jackson, Sr., 14.01.*
100, Trimaire Brown, Northwestern, Sr., 10.41.
1600, David Serra, Ransom Everglades, Jr., 4:12.10.*
400, Mekhi Gammons, Hialeah-Miami Lakes, Sr., 46.85.
400 hurdles, Matthew McKnight, Norland, Sr., 53.68.
800, Lucas Oliveira, Coral Reef, Jr., 1:57.09.
200, Trimaire Brown, Northwestern, Sr., 21.12.
3200, David Serra, Ransom Everglades, Jr., 9:06.66.*

FIRST TEAM RELAYS

400: Northwestern (Twan Glover, Marlin Cochran, Guylijah Theodule, Trimaire Brown), 41.08.
1,600: Northwestern (Nazir Ward, Marlin Cochran, Joel Mintze, Trimaire Brown), 3:17.34.
3,200: Belen Jesuit (Josh Ruiz, Roberto Leon, Marcelo Mantecon, Joseph Socarras), 7:47.01.*

NOTE: *denotes state champion

OTHERS

SECOND TEAM — High Jump: Koree Cotton, Southridge, 1.87 meters; Shot put: Jefferson Lafontant, North Miami Beach, 15.66 meters; Long jump: Maximus Garland, Sunset, 6.41 meters; Javelin: Luke Riera, Westminster Christian, 48.82 meters; Pole vault: Henry Amador, Belen Jesuit, 3.75 meters; Discus: Dave Vedrine, North Miami, 43.99 meters; Triple jump: Jaasiel Benitez, St. Brendan, 12.68 meters; 110 hurdles: Matthew McKnight, Norland, 14.12*; 100: Durian Moss, Columbus, 10.64; 1600: Joseph Socarras, Belen Jesuit, 4:13.53*; 400: Adrian Cardero, Columbus, 48.21; 400 hurdles: Terrance Honeywood, Norland, 55.50; 800: Joseph Socarras, Belen Jesuit, 1:57.32; 200: Mekhi Gammons, Hialeah-Miami Lakes, 21.51; 3200: Marcelo Mantecon, Belen Jesuit, 9:17.03;

RELAYS — 400: Columbus, 41.45; 1600: Norland, 3:17.78; 3200: Northwestern, 7:50.09.
THIRD TEAM — Shot put: Nathan Blackman, Jackson, 15.31 meters; Javelin: Isaiah Drake, Florida Christian, 44.53 meters; Pole vault: Pedro Goycoolea, AIE Charter, 3.60 meters; Discus: Mario Blanco, Braddock, 43.95 meters; 110 hurdles: Alejandro Lopez, Belen Jesuit, 14.80; 100: Guylijah Theodule, Northwestern, 10.73; 1600: Ryan Sarafoglu, Coral Reef, 4:19.96; 400: Jamari Howard, Northwestern, 48.94; 400 hurdles: Byron Holt, Jackson, 55.84; 800: Noah Scheinblum, Booker T. Washington, 1:57.34; 200: Dwight Bellamy, Northwestern, 22.04; 3200: Josh Ruiz, Belen Jesuit, 9:22.33;

RELAYS — 400: Carol City, 41.73; 1600: Southridge, 3:20.01; 3200: Braddock, 7:54.62.
HONORABLE MENTION — **Belen Jesuit:** Marco Prieguez, Evan Torres; **Carol City:** Mister Clarke, Jae-Lijah Cochran, Rennie Gittens, Di'khi Kee, Schuevens Liska, Tylor Miller, Larry Tarver, Waltavis Wade; **Columbus:** Remington Goins, Colton Stouffer; **Coral Gables:** Jarrod Butler; **Doral:** Ryan Gonzalez; **Jackson:** Charlie Burkes, Jimmy Neal; **LaSalle:** Emmanuel Roca; **Mater Lakes:** Sebastian Coraspe, Marc Gonzalez; **Monsignor Pace:** Isaiah Rock; **Mourning:** Axel Fink; **Norland:** Ivory Aikens, Barrian Authurs, Isaiah Scott; **Northwestern:** Makhii Fleming, Daniel Jean-Charles, Devin Jones, Adam Moore, Nathan Washington; **Palmer Trinity:** Eduardo del Rosal, Henry Stark, Gregory Tindle; **Ransom Everglades:** Antonio Pedro de Macedo; **Southridge:** Glenn Smith; **True North:** Jacob Camacho, David Lobaina; **Westminster Christian:** Cornelius Colzie.

GIRLS' FIRST TEAM

EVENT, NAME, SCHOOL, YEAR, AT STATE

Pole vault, Camryn Givens, Palmetto, Sr., 3.45 meters.
Long jump, Nyla Christian, Northwestern, Fr., 5.85 meters.*
Javelin, Lydia Kentis, Goleman, Jr., 34.29 meters.
Discus, Lydia Kentis, Goleman, Jr., 42.11 meters.*
High jump, Mia Iglesias, Lourdes, Sr., 1.62 meters.
Shot put, Lydia Kentis, Goleman, Jr., 11.68 meters.
Triple jump, Shakynah Tresvant, Northwestern, Jr., 12.02 meters.
100 hurdles, Nyla Christian, Northwestern, Fr., 14.24.
100, Cynteria James, Southridge, Sr., 11.55.
1600, Olivia Fraga, Lourdes, Sr., 5:07.03.
400, Cynteria James, Southridge, Sr., 53.75.*
400 hurdles, Takiyah Ferguson, Southridge, Jr., 1:01.27.*
800, Amaya Pleas, Southridge, Jr., 2:17.42.
200, Cynteria James, Southridge, Sr., 23.69.
3200, Emma Hencock, St. Brendan, Sr., 11:01.96.

FIRST TEAM RELAYS

400: Southridge (Brianna Harper, Tamia Benton, Jalissa Marshall, Meara Rasul), 46.42*
1,600: Southridge (Takiyah Ferguson, Courtney Green, Cynteria James, Somiyah Braggs), 3:45.38*
3,200: Lourdes (Kylie Fernandez, Paola Garcia, Lucia Castillo-Rios, Olivia Fraga), 9:28.29

OTHERS

SECOND TEAM — Pole vault: Brianna Romeo, Krop, 3.15 meters; Long jump: Shanaii Gamble, Southridge, 5.51 meters; Javelin: Angeline Deleon, Palmer Trinity, 32.53 meters; Discus: Jaiya Burchell, Northwestern, 40.90 meters; High jump: Shanaii Gamble, Southridge, 1.57 meters; Shot put: Rhema Cruse-Chipman, Monsignor Pace, 10.90 meters; Triple jump: Natayia Alexandre, Northwestern, 11.60 meters; 100 hurdles: Shakynah Tresvant, Northwestern, 14.34; 100: Somiyah Braggs, Southridge, 11.69; 1600: Kaycie Aquilino, St. Brendan, 5:09.31; 400: Somiyah Braggs, Southridge, 55.82; 400 hurdles: Shekinah Tresvant, Northwestern, 1:01.30*; 800: Lucia Castillo-Rios, Lourdes, 2:19.56; 200: Somiyah Braggs, Southridge, 24.05; 3200: Annabella Cardona, Braddock, 11:17.21; **RELAYS** — 400: Northwestern, 46.66*; 1600: Northwestern, 3:52.89; 3200: Southridge, 9:30.75.

THIRD TEAM — Pole vault: Paulina Guerra, Gulliver Prep, 3.15 meters; Long jump: Amaya Pleas, Southridge, 5.33 meters; Javelin: Jaiya Burchell, Northwestern, 32.24 meters; Discus: Alisa Scott, Northwestern, 35.81 meters; High jump: Jolie Dormus-Bayer, Miami Beach, 1.52 meters; Shot put: Jaiya Burchell, Northwestern, 10.32 meters; Triple jump: Imani Mudiay, Divine Savior, 10.61 meters; 100 hurdles: Ty'Yanah Adams, Carol City, 14.34; 100: Kimora Kinsey, Northwestern, 12.09; 1600: Emma Hencock, St. Brendan, 5:10.51; 400: Jaellene Burgess, Coral Reef, 55.86; 400 hurdles: Arianna Garcia, Carrollton, 1:02.81; 800: Kennedy Hagen, Ransom Everglades, 2:23.05; 200: Kimora Kinsey, Northwestern, 24.92; 3200: Kaycie Aquilino, St. Brendan, 11:37.27; **RELAYS** — 400: Carol City, 48.99; 1600: Carrollton, 3:59.23; 3200: Northwestern, 9:30.96.

HONORABLE MENTION — **Braddock:** Jada Garcia, Marlie Gonzalez; **Carol City:** Jessica Micelus, Kennidra Spigner; **Carrollton:** Emma Filippi; Andrea Gross; **Divine Savior:** Claire Davison, Thalia Iglesias; **Gulliver Prep:** Ava Seymour; **Homestead:** Brianna Wilson; **LaSalle:** Mary Schuerle; **Lourdes:** Sofia Santa-Cruz; **Monsignor Pace:** Zani Jean Gilles; **North Miami:** Laurie Louis; **Northwestern:** Natyia Alexandre, Thael Jeannary, Ariana Julmiste, Sariyah Morales, Emani Perry, Ida Smith, Arihonna Starks; **Palmer Trinity:** Maria Camposano, Johanny Jimenez, Mariana Mendoza, Emily Montes, Daniella Perez-Cartaya, Noelani Sadler; **Ransom Everglades:** Patricia Drulard; **South Dade:** Chloe McCray; **Southridge:** Kendalle Sands.

Credits: The All-Dade track and field team was compiled by Miami Herald sportswriter Jordan McPherson based on state meet times, heights and distances.

GIRLS



Camryn Givens
Palmetto



Nyla Christian
Northwestern



Lydia Kentis
Goleman



Mia Iglesias
Lourdes



Shakynah Tresvant
Northwestern



Cynteria James
Southridge



Olivia Fraga
Lourdes



Takiyah Ferguson
Southridge



Amaya Pleas
Southridge



Emma Hencock
St. Brendan



400 relay
Brianna Harper, Tamia Benton and Jalissa Marshall, Meara Rasul
Southridge



1,600 relay
Takiyah Ferguson, Courtney Green, Somiyah Braggs and Cynteria James
Southridge



3,200 relay
Lucia Castillo-Rios, Paola Garcia, Kylie Fernandez and Olivia Fraga
Lourdes