TRACK & FIELD

BOYS

Donald Chaney
Belen

Noah Bitter
Ferguson

Gary Cooper
Columbus

Will Raoul
North Miami Senior

Junior Victor
Homestead

Winston Quinn
Northwestern

Javier Vento
Belen

Ulyesse Grace
South Dade

Damarcus Fleming
Northwestern

Xzavier Henderson
Columbus

Amari Johnson
Carol City

Sebastian Roa
Belen

Nathaniel Noel, Jacquez Stuart, Larry Robbins and Damarcus Fleming
Northwestern

Lorenzo Floyd, Jovan Ferguson, Maxeau Joseph and Amari Johnson Carol City

Nicholas Aixala, Kevin Kerjean, Malcolm Brown and Sebastien Cantave
Columbus

BOYS' FIRST TEAM

Event	Name	School	Yr.	At State
High jump	Don Chaney	Belen	Jr.	2.02*
Long jump	Errol Bennett-Wood	Pace	Sr.	6.42
Pole vault	Noah Bitter	Ferguson	Jr.	4.20
Shot put	Gary Cooper	Columbus	Sr.	15.41
Discus	Will Raoul	North Miami	Jr.	44.87
Triple jump	Junior Victor	Homestead	Sr.	13.09
800	Winston Quinn	Northwestern	Sr.	1:53.75
3200	Javier Vento	Belen	So.	9:25.39
110 hurdles	Ulyesse Grace	South Dade	Sr.	14.25
100	Damarcus Fleming	Northwestern	Jr.	10.62
400	Xzavier Henderson	Columbus	Jr.	46.77
300 hurdles	Amari Johnson	Carol City	Sr.	36.58
200	Damarcus Fleming	Northwestern	Jr.	21.01 *
1600	Sebastian Roa	Belen	Sr.	4:21.77

RELAYS

400, Northwestern (Nathaniel Noel, Jaquez Stuart, Larry Robbins, Marcus Fleming), 40.74 *

1,600, Carol City (Lorenzo Floyd, Jovan Ferguson, Maxeau Joseph, Amari Johnson), 3:11.50 *

3,200, Columbus (Nicolas Aixala, Kevin Kergean, Malcolm Brown, Sebastien Cantave), 7:54.71

NOTE: *-state champion.

OTHERS

Second team — High jump: Brandon Pottinger, Florida Christian, Fr.; **Long jump**: Junior Victor, Homestead, Sr.; **Pole vault**: Joshua Monzon, Ferguson, Sr.; **Shot put**: Larry Smith, Norland, Sr.; **Discus**: Westley Neal, Gulliver Prep, Jr.; **Triple jump**: James Mincey, Southridge, Sr.; **800**: Musa Rigaba, South Dade, Sr.; **3200**: Damurri Little, Coral Reef, Sr.; **110 hurdles**: Torry Holmes, Northwestern, Sr.; **100**: Jaquez Stuart, Northwestern, Sr.; **400**: Jovan Ferguson, Carol City, Jr.; **300 hurdles**: Maxeau Joseph, Carol City, Jr.; **200**: Xavier Henderson, Columbus, Jr.; **1600**: George Stark, Palmer Trinity, Fr.; Relays — **400**: South Dade (Ulyesse Grace, Lamont Wright, Darius Walton, Jermaine Wright); **1600**: Columbus (Sebastien Cantave, Xzavier Henderson, Courtney Holmes, Cameron Daniel); **3200**: Belen Jesuit (Aiden Villasuso, Sebastian Castillo, Michael Sanchez, Sebastian Roa);

Third team — High jump: Junior Victor, Homestead, Sr.; Tristan Dodge, Columbus, So.; **Long jump**: Sean Delaughter, Northwestern, Sr.; **Shot put**: Joshua Onuigbo, Monsignor Pace, Sr.; **Discus**: Robert Harris, Northwestern, So.; **Triple jump**: Darryl Richardson, Champagnat, Sr.; **800**: Keegan Simms, Southridge, Sr.; **3200**: Diego Gomez, Belen Jesuit, So.; **110 hurdles**: Loubert Dagrin, Booker T. Washington, Jr. *; **100**: Richard Sam, North Miami, Sr.; **400**: Cameron Daniel, Columbus, Sr.; **300 hurdles**: Torry Holmes, Northwestern, Sr.; **200**: Jaquez Stuart, Northwestern, Sr.; **1600**: Kevin Kergean, Columbus, Sr.; **Relays — 400**: Carol City (Nayquan Wright, Amari Johnson, Marcel Williams, Thiau Jones-Bell); **1600**: Booker T. Washington (Jacorey Brooks, Louberg Dagrin, Amaru Howard, Rick Myrie); **3200**: Southridge (Jason Davis, Keegan Simms, Shain McDonald, Vernon Quinn);

Honorable mention — **Archimedean**: Nathan Welsh; **Belen Jesuit**: Sebastian Roa; **Champagnat:** Eathan Nozile, Justin Payoute; **Columbus**: Branden Coleman, Cameron Daniel, Duriel Moss, Elijah Roberts, Donato Scarcello; **Coral Park**: Gianni Alvarez, Alec Collado; **Coral Gables:** Colin Wilson; **Doctors Charter**: Claude David, Giovanni Sims, Lekel St. Fleurose; **Doral Academy:** Jonathan Pineda; **Florida Christian**: Cleyton Howell; **Homestead**: Syrus Dawkins, Brenton Shippy, Deiondre Williams; **Mater Academy:** Tommy Cardenas; **Monsignor Pace**: Leroy Wilson; **Norland:** Tyrese Cooper; **North Miami**: Jean Dieuvil Jr, Shawn Guerrier, Johnathan Jean, Daniel Julian, Damien Louis-Saint, Elbeson Raphael, Corey Smith, Justin Walden; **South Dade**: Austin Martin, Darius WaltonLamont Wright; **Southridge**: Tyler Carter, Jaedin Collier-McCray, Quinton Elliton, Andrew Ewell, De'Andre Fox, Jaheim Jerry, Jaylen Kendrick, Vernon Quinn, Diego Rodriguez, Isiah Steward, Marvin Strong, Lebron Williams; **Sunset:** Andoni Mercado; **Westminster Christian**: Juan-Carlos Acevedo, Victor Gonzalez.

GIRLS' FIRST TEAM

EVENT	NAME	SCHOOL	YR	AT STATE
High jump	Alyssa Jones	Southridge	Fr.	1.77 *
Long jump	Alyssa Jones	Southridge	Fr.	5.62
Pole vault	Isabella Pineiro	Florida Chr.	Sr.	2.70
Pole Vault	Zoe Tsoukas	Ransom	Jr.	2.70
Shot put	Alyssia Richard	Northwestern	Sr.	13.91
Discus	Alyssia Richard	Northwestern	Sr.	44.43
Triple jump	Dascha Robinson	Northwestern	Sr.	12.14
800	Natalie Varela	Gulliver	Jr.	2:09.82*
3200	Valarie Lastra	Mater Academy	Jr.	10:29.85
100 hurdles	Rayniah Jones	Southridge	Sr.	13.73*
100	Lamaria Washington	Northwestern	So.	11.98
400	Charity Johnson	Norland	Sr.	56.27
300 hurdles	Rayniah Jones	Southridge	Sr.	41.39
200	Jacoria Burton	Northwestern	Jr.	24.42
1600	Valarie Lastra	Mater Academy	Jr.	4:50.62*

RELAYS

400: Northwestern (Lamaria Washington, Markalah Hart, Christon Kingcade, Jacoria Burton), 45.40*

1,600: Northwestern (Lenai Hunter, Keschay Smith, Markalah Hart, Jacoria Burton) 3:45.64

3,200: Northwestern (Lenai Hunter, Keschay Smith, Asia Bell, Nina Burgos) 9:22.28

NOTE: *-state champion.

OTHERS

Second team — High jump: Spirit Morgan, South Dade; **Long jump**: Dascha Robinson, Northwestern; **Pole vault**: Aracelis Aguiar, Goleman; Marion Knowles, Lourdes; Daniela Zaidenberg Ransom Everglades; **Shot put**: Janae Largins, Southridge; **Discus**: Summer Mosley, Northwestern; **Triple jump**: Jada Holton, Homestead; **800**: Jinah Mickens-Malik, Mater Academy; **3200**: Jordan Shapiro, Palmetto; **110 hurdles**: Markalah Hart, Northwestern; **100**: Jacoria Burton; **400**: Pebbles Scott; **300 hurdles**: Markalah Hart, Northwestern; **200**: M'Kynzi Sanders, Killian; **1600**: Natalie Varela, Gulliver Prep; Relays — 400: Killian (Destiny Whitehead, M'Kynzi Sanders, Dymond West, Lauren Thompkins); 1600: Southridge (Raniyah Jones, Derreka Edwards, Alyssa Jones, Kasia Cooper); 3200: Mater Academy (Jinah Mickens-malik, Valerie Lastra, Rahyah Andressohn, Marjury Rodriguez);

Third team — High jump: Arielle Ho, Varela; **Long jump**: Christon Kingcade, Northwestern; **Shot put**: Summer Mosley,

Northwestern; **Discus**: Tamaiah Koonce, North Miami; **Triple jump**: Stephanie Jobe, Northwestern; **800**: Krystal Rodriguez, Coral Reef; **3200**: Nina Burgos, Northwestern; **110 hurdles**: Tkai Bridgeforth, South Dade; **100**: M'Kynzi Sanders, Killian; **400**: Keschay Smith, Northwestern; **300 hurdles**: T'erica Boyd, North Miami; **200**: Pebbles Scott, Norland; **1600**: Jordan Shapiro, Palmetto; Relays — 400: North Miami (Kayla McCray, Carrie Snipes, Sonya Alfred, Aliyah Simmons); 1600: Norland (Charity Johnson, Pebbles Scott, Tiana McMinn, Shamya Ryland); 3200: Braddock (Allison Astorga, Paola Bencosme, Jordan Ford, Lisa Adjouadi);

Honorable mention — **American**: Kayla Campbell, Aailayah Fisher; **Carol City**: Nadejah Batts, Ternya Gibson; **Carrollton**: Marian Alcantara; **Central**: Quinteka Beaker; **Coral Reef:** Nicola Hagley, Jessica Wood; **Divine Savior**: Sophia Baledon, Sophia Diaz; **Doctors Charter**: Ashley Doissant, Shammae Shackleford, Cadde Weddbon; **Edison**: Lajada Denson; **Ferguson:** Bianca Bonato; **Florida Christian**: Christina Northerner, Abby Rashid; Homestead: Jada Holton; **iMater Prep:** Prisilla Gonzalez; **Killian:** Destiny Whitehead; **Lourdes:** Alyssa Cruz; **Mater Academy**: Marjury Rodriguez; **Norland**: Henry Jahmeia, Tiana McMinn; **North Miami**: Kayla McCray; **Northwestern**: Chaniya Dawson, Lakeira Gathres, Gabrielle Grant, Stephanie Jobe, Kouraje Johnson; **Palmer Trinity**: Gaby Dorta; **Ransom Everglades**: Madison Munroe; **South Dade**: Jayda Bushay ; **Southridge**: Briana Cox, Derreka Edwards, Kristen Rolle; **Westminster Christian**: Caroline Boulris, Estefania Jimenez.

Credits: The 2019 All-Dade track and field teams were compiled by Miami Herald sportswriter Jordan McPherson based on state meet results. Photos by Al Diaz.

GIRLS

Alyssa Jones
Southridge

Isabella Pineiro
Florida Christian

Zoe Tsoukas
Ransom Everglades

Alyssia Richard
Northwestern

Dascha Robinson
Northwestern

Natalie Varela
Gulliver

Valerie Lastra
Mater Academy

Rayniah Jones
Southridge

Lamaria Washington
Northwestern

Charity Johnson
Norland

Jacoria Burton
Northwestern

Lamaria Washington, Markalah Hart, Christon Kingcade, Jacoria Burton, Treciyah Mitchell
Northwestern

Le'nai Hunter, Keschay Smith, Markalah Hart, Jacoria Burton
Northwestern

Le' nai Hunter, Keschay Smith, Xhamani Thompson, Nina Burgos
Northwestern