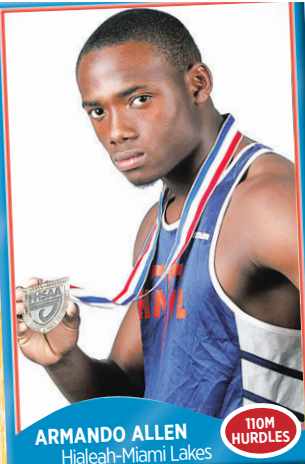




ARMANDO ALLEN
 Hialeah-Miami Lakes



LAVARIS EDWARDS
 Bay Point



BRYAN SHARKEY
 Gulliver



WILLIS WEST
 Hialeah-Miami Lakes



REGINALD JONES
 Jackson



ELAN DAVIGLUS
 Northwest Christian



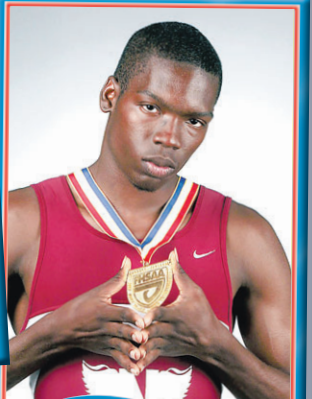
DARREN JOHNSON
 Coral Gables



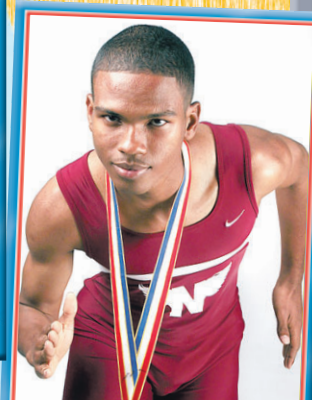
RICKY JEAN-FRANCOIS
 Carol City



(clockwise from left) CHANDALE WILLIAMS, DANIELLE NOLTON, QUANKIEDRA BURNS, LIZZIE HARRIS, DANIELLE NOLTON



OLADIPO ADESHINA
 Norland



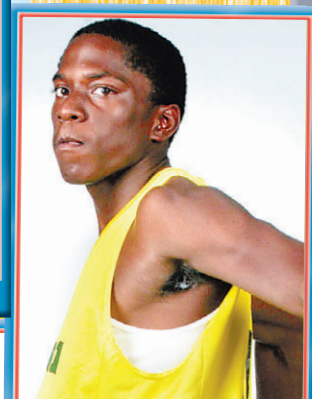
MIKAL EBANKS
 Norland



JESUS BATISTA
 Killian



GUILLERMO GIL
 Belen



RODNEY CUNNINGHAM
 Jackson



(from left) TIFFANY JOHNSON, DANIELLE NOLTON, DAWN MCCLAINE, PAVI'ELLE JAMES



(from left) ALFONZA WILLIS, GERMAIN JONACE, RIDGE JONES, REGINALD JONES



(clockwise from left) ASHLEY ADDISON, ASIA CUNNINGHAM, QUANKIEDRA BURNS, TYNEISHA ADAMS



DERICKA LOVE
 Southridge



FELICIA BLACK
 Southridge



LIZZIE HARRIS
 Northwestern



LINETTE CAIRO
 Sunset



SHAKEYA STINSON
 Southridge



PAVI'ELLE JAMES
 Northwestern



ISEL RAMOS
 Hialeah-Miami Lakes



JANEY TATE
 Carol City



JILLIAN GIL
 Lourdes



ASHLEY WILLIAMS
 Dade Christian



(clockwise from left) KEVIN MOYD, CHAUNCEY THOMPKINS, JASON DELANCY, JEREMY STANLEY



(clockwise from left) TRAVIS MILLS, TABARI HENRY, OLADIPO ADESHINA, MIKAL EBANKS

The Herald

ALL-DADE

TRACK & FIELD

GIRLS FIRST TEAM

EVENT	NAME	SCHOOL	YR.	ACHIEVEMENT
100m hurdles	Pavi'Elle James	Northwestern	Sr.	13.82
100m	Dericka Love	Southridge	Jr.	12.11
1600m	Isel Ramos	HML	Jr.	5:20.94
400m	Felicia Black	Southridge	So.	57.14
300m hurdles	*Lizzie Harris	Northwestern	So.	42.94
800m	Janey Tate	Carol City	Jr.	2:19.50
200m	Dericka Love	Southridge	Jr.	24.74
3200m	Jillian Gil	Lourdes	Fr.	11:25.70
High jump	*Lizzie Harris	Northwestern	So.	5-8
Pole vault	Linette Cairo	Sunset	Sr.	8-6
Long jump	Pavi'Elle James	Northwestern	Sr.	19-0¾
Triple jump	Lizzie Harris	Northwestern	So.	39-2
Discus	Ashley Williams	Dade Christian	Jr.	121-8
Shot put	*Shakeya Stinson	Southridge	Fr.	41-0½
400m relay	Pavi'Elle James, Dawn McClaine, Tiffany Johnson, Danielle Nilton	*Northwestern		46.85

1600m relay	Danielle Nilton, Lizzie Harris, Chandale Williams, Quankiedra Burns	Northwestern		3:52.31
3200m relay	Asia Cunningham, Quankiedra Burns, Tyneisha Adams, Ashley Addison	Northwestern		9:35.35

* - state champion

SECOND TEAM

• **Track events — 100-meter hurdles:** Micaela Wimberly, Jackson, So., 14.51. **100:** Christina Forbes, Norland, Sr., 12.25. **1,600:** Jennie Desir, Homestead, Fr., 5:35.32. **400:** Sylvondria James, Central, Sr., 57.51. **300m hurdles:** Jaleesa Brumby, Coral Reef, So., 46.46. **800:** Asia Cunningham, Northwestern, So., 2:21.10. **200:** Christina Forbes, Norland, Sr., 25.04. **3,200:** Isel Ramos, Hialeah-Miami Lakes, 11:26.03.

• **Field events — High jump:** Devin Rivers, Varela, Jr., 5-4. **Pole vault:** Dulce Farias, Goleman, Sr., 8-0. **Long jump:** Katinah Clermont, Miami Beach, Sr., 19-0. **Triple jump:** Dericka Love, Southridge, Jr., 37-9½. **Discus:** Zakeya Stinson, Southridge, Fr., 119-2. **Shot put:** Shalrie Scutchings, South Dade, Sr., 40-6.

• **Relays — 400 meters:** Jackson (Jeany Harwick, Bianca Sellers, Shanika Kirkland, Micaela Wimberly), 47.26. **1,600:** Southridge (Felicia Black, Dericka Love, Mercedes Ferguson, Tiffani Thomas), 3:57.22. **3,200:** North Miami Beach (Kimberly Hodges, Debbie Tony, Judith Gachelin, Sabrina Telemaque), 9:57.23.

THIRD TEAM

• **Track events — 100-meter hurdles:** Lizzie Harris, Northwestern. **100:** Danille Nilton, Northwestern. **1,600:** Daniela Bocanegra, Doral Academy. **400:** Jennifer Estime, Varela. **300 hurdles:** Jeany Hardwick, Jackson. **800:** Ashley Sanders, Miami High. **200:** Tiffani Thomas, Southridge. **3,200:** Cassie Simon, Central.

• **Field events — High jump:** Tiondra Wright, Northwestern. **Pole vault:** Daylin Farias, Goleman and Christina Irizarry, Dade Christian. **Long jump:** Dericka Love, Southridge. **Triple jump:** Jennifer Estime, Varela. **Discus:** Shalrie Scutchings, South Dade. **Shot put:** Jazmine Highsmith, Northwestern.

• **Relays — 400 meters:** Central, 47.33. **1,600:** Jackson, 3:58.97. **3,200:** Lourdes, 9:59.04.

• For **honorable mentions**, go online to herald.com/sports and click on Miami-Dade High Schools.

BOYS FIRST TEAM

EVENT	NAME	SCHOOL	YR.	ACHIEVEMENT
110m hurdles	Armando Allen	HML	So.	14.24
100m	*Lavaris Edwards	Bay Point	Fr.	10.92
1600m	Bryan Sharkey	Gulliver	Sr.	4:21.12
400m	Oladipo Adeshina	Norland	Sr.	47.68
300m hurdles	Willis West	HML	Jr.	38.64
800m	*Mikal Ebanks	Norland	Jr.	1:54.58
200m	Reginald Jones	Jackson	Jr.	21.97
3200m	Jesus Batista	Killian	So.	9:36.99
High jump	Elan Daviglus	Northwest Chr.	Sr.	6-8
Pole vault	Guillermo Gil	Belen	Sr.	13-0
Long jump	Darren Johnson	Coral Gables	Sr.	23-2½
Triple jump	Rodney Cunningham	Jackson	Jr.	46-8¼
Discus	*Ricky Jean-Francois	Carol City	Sr.	175-1
Shot put	*Ricky Jean-Francois	Carol City	Sr.	61-9
400m relay	Germain Jonace, Reginald Jones, Ridge Jones, Alfonza Willis	Jackson		41.70

1600m relay	Tabari Henry, Mikal Ebanks, Oladipo Adeshina, Travis Mills	*Norland		3:14.59
3200m relay	Jason Delancy, Kevin Moyd, Jeremy Stanley, Chauncey Thompkins	*Northwestern		7:47.66

* - state champion

SECOND TEAM

• **Track events — 110-meter hurdles:** Terry Williams, Central, Jr., 14.27. **100:** McKasey Huggins, Norland, Sr., 10.93. **1,600:** Gregory Feltman, Coral Gables, Sr., 4:28.87. **400:** Tabari Henry, Norland, Jr., 48.21. **300 hurdles:** Peter Pidermann, Belen, Jr., 39.22. **800:** Eddie Arguello, Belen, Sr., 1:55.99. **200:** Tyrell Coleman, Northwestern, So., 22.40. **3,200:** Bryan Sharkey, Gulliver, Sr., 9:37.46.

• **Field events — High jump:** Christopher Adingupu, Carol City, Jr., 6-4. **Pole vault:** Corey Roberts, Central, Sr., 13-0. **Long jump:** Avione Rolle, Central, So., 21-0. **Triple jump:** Brandon O'Connor, Southridge, Fr., 44-2¼. **Discus:** Joe Wims, Carol City, Sr., 155-10. **Shot put:** Bryant Miller, Central, Jr., 56-11.

• **Relays — 400 meters:** Killian (Dejarius Adams, Garth Fletcher, Eugene Williams, Derik Brown), 42.05. **1,600:** Northwestern (Corderro Everett, Chauncey Thompkins, Damian Johnson, Kevin Moyd), 3:15.63. **3,200:** Booker T. Washington (Brandon Harris, Rudell Lewin, Devon Tate, Davon Johnson), 8:00.37.

THIRD TEAM

• **Track events — 110-meter hurdles:** Willis West, Hialeah-Miami Lakes. **100:** Alfonza Willis, Jackson. **1,600:** Quinton Mayo, Central. **400:** Davon Johnson, Booker T. Washington. **300 hurdles:** Dontrelle Tharpe, Northwestern. **800:** Chauncey Thompkins, Northwestern. **200:** Lavaris Edwards, Bay Point. **3,200:** Alex Plascencia, Ransom.

• **Field events — High jump:** Jose Obregon, Dade Christian. **Pole vault:** Pedro Bigorra, Braddock. **Long jump:** Dennis Brown, Central. **Triple jump:** Willis West, Hialeah-Miami Lakes. **Discus:** Bryant Miller, Central. **Shot put:** Frantz St. Pierre, Central.

• **Relays — 400 meters:** Carol City, 42.09. **1,600 meters:** *Booker T. Washington, 3:17.60. **3,200 meters:** Palmetto, 8:02.72.

• For **honorable mentions**, go online to herald.com/sports and click on Miami-Dade High Schools.

• **Credits:** Illustration by Samantha Riepe; photos by Carl Juste/Herald Staff; selections made by Herald sports writer Manny Navarro, with input from local coaches.