

**CROSS-COUNTRY FIRST TEAM**



The Herald  
**ALL-DADE CROSS-COUNTRY AND BOWLING**

**GIRLS' CROSS-COUNTRY FIRST TEAM**

NAME	SCHOOL	YR.	NOTEWORTHY	BEST TIME
Alexa Arteaga	Lourdes	Jr.	5th at Youth Fair	19:50.00
Jillian Gil	Gulliver	8th	3rd at state	19:00.10
Sasha Mera	Gulliver	Fr.	7th at state	18:45.12
Isel Ramos	Miami Lakes	So.	GMAC, regional champ	19:17.48
Paola Reategui	Braddock	Jr.	GMAC runner-up	19:30.24
Valeria Rodriguez	Lourdes	Sr.	Top time at state	18:44.00
Kiara Soave	Lourdes	So.	7th in Dade at state	20:01.00

**SECOND TEAM**

Celeste Brewer, Homestead, So.; Katie Brown, Lourdes, So.; Veronica Bustabad, Coral Reef, So.; Leilani Caraballo, Lourdes, Sr.; Cathy Edmonson, Coral Reef, Fr.; Katherine Harris, Central, Sr.; Lindsey Meyers, Ransom, Jr.

**THIRD TEAM**

Ishnikia Blue, Southridge, So.; Marianne Eagen, Ransom, So.; Taylor Harlan, Country Day, Fr.; Alyssa Hernandez, Varela, Fr.; Alina Lenz, Miami Springs, So.; Erika Ramirez, Varela, Jr.; Christina Reyes, Florida Christian, Fr.

**HONORABLE MENTION**

American: Pamela Morrow, Catalina Varsalona, Kendra Walker; Booker T: Isiana Williams, LaToya Henry; Coral Gables: Anne Recimos, Kristina Velasquez; Curley: Catherine Annese, K.C. Della Fera, Melanie Holmes; Gulliver: Marisa Pinerio, Renee Sasso, Rebecca Smiddy; Homestead: Leticia Delatorre, Julianna Johnson, Javiera Lepe; Killian: Katie Haggerty, Heather Pascual, Jennifer Mitzenmacher; LaSalle: Janelle Benito, Daniela Rodee, Michelle Calli; Lourdes: Lindsay Jhones, Kyla Salles; Miami Beach: Kristhel Perez, Laura Lewenhaupt, Gabriela Penaranda; Miami Country Day: Ali Haime, Maggie Piper, Adriana Kiszynski; Ransom Everglades: Cristi Sanchez, Cyd Eaton, Jana Zagorski; Southridge: Schcola Chambers, Veronica Gonzalez; Varela: Erika Otero, Chantal Meza, Cynthia Zuniga; Westminster Christian: Anne Langhorne, Nicole Retchin.

**BOYS' CROSS-COUNTRY FIRST TEAM**

NAME	SCHOOL	YR.	NOTEWORTHY	BEST TIME
Eddie Arguello	Belen	Jr.	Fourth at state	15:18
Javier Cruz	Belen	Sr.	Won FIU/Lourdes meet	15:50
Michael Jalil	Belen	Jr.	Sixth at Youth Fair	16:44
Alex Plascencia	Ransom	Jr.	Dist., region champ	16:29
Paul Santuoso	Belen	Jr.	Ninth at state	16:01
Bryan Sharkey	Gulliver	Jr.	Second at state	15:20
Larry Woerner	Gulliver	Sr.	Seventh at state	15:50

**SECOND TEAM**

Angel Fernandez, Braddock, Sr.; Alan Guevara, Dade Christian, Sr.; Paul Gutierrez, Coral Park, Sr.; Quinton Mayo, Central, Fr.; Rene Rodriguez, Columbus, Sr.; Grant Smith, Gulliver, Sr.; Rodolfo Vollmer, Varela, So.

**THIRD TEAM**

Gregory Feltman, Coral Gables, Jr.; Timothy Harris, Booker T, Sr.; Jack Saloman, Northwestern, Jr.; Aldis Ulyrch, Krop, Jr.; Marc Urdaneta, Coral Reef, Sr.; Julian Varela, Varela, Sr.; Egon Vollmer, Varela, Sr.

**HONORABLE MENTION**

Bay Point: Franky DeToro, Darnell Nicolas, Geraldo Salinas; Belen: Javier Zamparelli, Daniel Castellanos, David Otero; Coral Gables: Thomas Andrews, James Chohnis, Brandon Van-Tuyn; Curley: Javier Briz, Daniel Pampanas, Luis Valero; Goleman: Norlan Alargon, Robert Ayan, Michael Llanes; Gulliver: Renato Cirimele, Aubrey Parsley, Matt Escovar; Killian: Jesus Batista, Rodrigo Cortez, Tristan Bordon; Krop: Ryan Healy, Garrett Feldman, Khemaron Kelly; LaSalle: Jorge Farah, John Creagh, Joel Lopes; Miami Country Day: Peter Perez, Matt Paluch; Miami Springs: Matthew Mesa, Kevin Mullet; North Miami Beach: Rene Lumene, Cedric Janvier, Greg Gabriel; Palmetto: Drake Kurlander, Hughes Charles, Daniel Silver; Ransom: Ray Lloret, Anthony Traina, Michael McGregor; South Miami: Luis Hernandez, Marshal Sanchez, Ahmed Gonzalez; Varela: Alex Brito, Gabriel Reyes, Mike Guilbaud; Westwood Christian: Anthony Paneque, Ralph Guerra.

**GIRLS' BOWLING FIRST TEAM**

NAME	SCHOOL	YR.	COMMENT
Caitlan Graham	Southwest	Fr.	Won GMAC, 195 average
Alyssa Harper	Varela	Fr.	Fourth at state, 178 average
Brigette Harrelson	South Dade	Jr.	Won state, 206 average
Jennifer Houston	South Dade	Jr.	Tied for fifth at state, 179 average
Brooke Kern	Southwest	Jr.	190 average, 280 high game

**SECOND TEAM**

Lindsie Brown, Killian; Mindy Colle, Southwest; Anna Messick, South Dade; Samantha Murphy, South Dade; Jenevieve Sadler, Palmetto.

**THIRD TEAM**

Nadine Brisson, North Miami; Megan Cherry, Southridge; Danielle Evans, Palmetto; Christina Gomez, Varela; Vivian Kallinosis, Palmetto.

**HONORABLE MENTION**

Braddock: Emily Cerilo, Jamie Escobar; Coral Reef: Elizabeth Kallinosis; Hialeah-Miami Lakes: Lureal Banks; Homestead: Shawn Dempsey; Krop: Natalie Beigel; North Miami Beach: Elizabeth Jones; Palmetto: Kelly Bigenho.

**BOYS' BOWLING FIRST TEAM**

NAME	SCHOOL	YR.	COMMENT
Chris Best	Southwest	Sr.	209 average, 289 high game
Mike Hamilton	Varela	Sr.	7th at state, 220 average
Robert MacKarvich	Columbus	Sr.	Won state, 211 average
Jesse Thrash	Varela	Jr.	4th at state, 208 average
Ronnie Wescott	South Dade	Sr.	206 average

**SECOND TEAM**

Daniel Ares, South Dade; Brett Bigenho, Coral Reef; Eddie Martelli, Coral Reef; Alex Pagola, Killian; Greg Smith, Varela.

**THIRD TEAM**

Calvin Chaney, Norland; Alec Fernandez, Varela; Kevin Hulse, Southridge; Chris Szymanski, Killian; Ray Timbers, Killian; Steve Wilson, Southridge.

**HONORABLE MENTION**

American: Andrew San Roman; Braddock: Josh Kaufman; Coral Reef: Anthony Diaz, Shawn Sutta; Columbus: Andrew Turner, Alex Lopez; Homestead: Dupree Reed; Krop: David Mantel, David Weisselberger; Killian: Eric Berkwitz, Zachary Rogers; Miami Springs: Ryan Reese, Julian Melendez; Norland: Josh Hammond; Palmetto: Ryan Jackson, Andy Blake; South Dade: Chris McKechnie, Patrick Murphy, Chris Polk; Southridge: Chris Slater, Southwest: David Beck; Sunset: Mike Sinclair.

Teams selected by Herald staff with input from area coaches.

BOWLING PHOTOS BY PATRICK FARRELL/HERALD STAFF

CROSS-COUNTRY PHOTOS BY RAUL RUBIERA/HERALD STAFF AND JOSHUA PREZANT FOR THE HERALD

**BOWLING FIRST TEAM**

